

## Couple Comes Back to RAMC to Deliver Their Second Baby

Quinnlyn and Trenton Mann welcomed their second child at the RAMC Birth Center on October 3<sup>rd</sup>, 2023. Baby girl Saturn joins her big brother, Riot, who is almost 2 years old. Saturn weighed 6 pounds, 10 ounces and was 19 inches long.

Quinn and Trenton chose to come back to RAMC to deliver their baby, despite living over an hour away. “I would not give birth anywhere else. All of the nurses are the absolute best! They do an amazing job and take the time to make everything special for our family. The Birth Center has so many options to make your birth the way you want it. And RAMC has the best French toast!”

Dr. Fast took care of Quinn during her pregnancy, labor and delivery. He is a family practice physician, the “jack-of-all-trades” of the medical specialties as he likes to say. He is able to care for the entire family- from babies all the way up to the elderly.

“Dr. Fast delivered our first born, and made us feel at ease as first time parents. He is thorough, kind, funny (he even laughs at my mediocre jokes), and never makes us feel dismissed.”

To learn more about Dr. Fast, visit <https://www.ramchealth.com/our-providers/spencer-fast-md>

Pictured are Dr. Fast, baby Saturn, Quinnlyn and Trenton Mann

