

RAMC Sunshine Café Monthly Menu

June 2023

Please note: Soup available every day

Menu subject to change without notice

Monday	Tuesday	Wednesday	Thursday	Friday
			1 Chicken Kiev Turkey Fouseburger Mash Potatoes/Gravy Curly Fries Capri Veg or Peas	2 Shrimp Scampi Loaded Potato Casserole Ranch Wedges Rice Pilaf Moon Blend Caribbean Blend
5 Fish Slider Beef Stew Biscuit Curly Fries Cauliflower or Capri Blend	6 BBQ Chicken Sandwich Topped with French's Onions Sliced Ham Corn Bread Baked Beans Broccoli or Beets	7 Salisbury Steak Ham, Spinach, Swiss Quiche Mash Potatoes/Gravy Garlic Herb Pasta Baby Carrots Garlic Mushrooms	8 Chicken Florentine Italian Beef Penne Oven Fried Chips Peas Cauliflower	9 Baked Cod Sloppy Joe Sandwich Tater Tots Baked Potato Italian Blend Corn
12 Roasted Turkey Breast Reuben Sandwich Oven Fried Pot. Chips Baked Sweet Potato Mix Veggie/Snap Peas	13 Baked Chicken Quarter Barbecue Ribs Baked Beans Mash Potatoes/Gravy Squash or Corn	14 Pizza Cheeseburger French Fries Crimini Mushrooms Mix Veggie/Zucchini	15 Meatloaf Manicotti Bread Stick Mash Potato/Gravy Broccoli Edamame w/Garlic	16 Potato Crusted Cod Roast Pork Roasted Red Potatoes Spaetzle Mix Veggie/Carrots
19 Chicken Parmesan Fish Taco with Fire Cracker Coleslaw Penne Wild Rice Green Beans/Mix Veg.	20 Swedish Meatballs Chicken Tenders Egg Noodles Oven Fries Cauliflower or Peas	21 Pulled Pork Sandwich Tuna Noodle Casserole Sweet Potato Fries Onion Rings Mix Veggies/Broccoli	22 Roast Beef Chicken on Pretzel Roll with Red Pepper Jam Buttered Baby Reds Curly French Fries Spinach w/Mushrooms Carrots	23 Salmon Grilled Cheese Cous Cous Baked Potato Vegetable Blend Brussel Sprouts
26 Tater Tot Casserole Gnocchi Pepperonata Cheesy Garlic Bread Baked Potato Chips Green Beans California Blend	27 Feta Breschetta Chicken Chicken Flatbread Sand. Baked Sweet Potato Alfredo Penne Pasta Corn Broccoli	28 Lasagna Grilled Caprese Sandwich Bread Stick Garlic Parmesan Tots Malibu Blend Carrots	29 Chicken Kiev Turkey Fouseburger Mash Potatoes/Gravy Curly Fries Capri Veg or Peas	30 Shrimp Scampi Loaded Potato Casserole Ranch Wedges Rice Pilaf Moon Blend Caribbean Blend