


RAMC Sunshine Café Monthly Menu

MAY 2023

Please note: Soup available every day

Menu subject to change without notice

Monday	Tuesday	Wednesday	Thursday	Friday
1 Tater Tot Casserole Gnocchi Pepperonata Cheesy Garlic Bread Baked Potato Chips Green Beans California Blend	2 Chicken Breast w/Bacon/Mushroom Gravy Chicken Flatbread Sand. Baked Sweet Potato Spanish Rice Corn/Broccoli	3 Lasagna Grilled Caprese Sandwich Bread Stick Garlic Parmesan Tots Malibu Blend Carrots	4 Chicken Kiev Turkey Fouseburger Mash Potatoes/Gravy Curly Fries Capri Veg or Peas	5 Shrimp Scampi Loaded Potato Casserole Ranch Wedges Rice Pilaf Moon Blend Caribbean Blend
8 Fish Slider Beef Stew Biscuit Curly Fries Cauliflower or Capri Blend	9 BBQ Chicken Sandwich Topped with French's Onions Sliced Ham Corn Bread Baked Beans Broccoli or Beets	10 Salisbury Steak Ham, Spinach, Swiss Quiche Mash Potatoes/Gravy Garlic Herb Pasta Baby Carrots Garlic Mushrooms	11 Chicken Florentine Italian Beef Penne Oven Fried Chips Peas Cauliflower	12 Baked Cod Sloppy Joe Sandwich Tater Tots Baked Potato Italian Blend Corn
15 Roasted Turkey Breast Reuben Sandwich Oven Fried Pot. Chips Baked Sweet Potato Mix Veggie/Snap Peas	16 Baked Chicken Quarter Barbecue Ribs Baked Beans Mash Potatoes/Gravy Squash or Corn	17 Pizza Cheeseburger French Fries Crimini Mushrooms Mix Veggie/Zucchini	18 Meatloaf Manicotti Bread Stick Mash Potato/Gravy Broccoli Edamame w/Garlic	19 Potato Crusted Cod Roast Pork Roasted Red Potatoes Spaetzle Mix Veggie/Carrots
22 Chicken Parmesan Fish Taco with Fire Cracker Coleslaw Penne Wild Rice Green Beans/Mix Veg.	23 Swedish Meatballs Chicken Tenders Egg Noodles Oven Fries Cauliflower or Peas	24 Pulled Pork Sandwich Tuna Noodle Casserole Sweet Potato Fries Onion Rings Mix Veggies/Broccoli	25 Roast Beef Chicken on Pretzel Roll with Red Pepper Jam Buttered Baby Reds Curly French Fries Spinach w/Mushrooms Carrots	26 Salmon Grilled Cheese Cous Cous Baked Potato Vegetable Blend Brussel Sprouts
29 SUNSHINE CAFÉ CLOSED 	30 Chicken Breast w/Bacon/Mushroom Gravy Chicken Flatbread Sand. Baked Sweet Potato Spanish Rice Corn Broccoli	31 Lasagna Grilled Caprese Sandwich Bread Stick Garlic Parmesan Tots Malibu Blend Carrots		