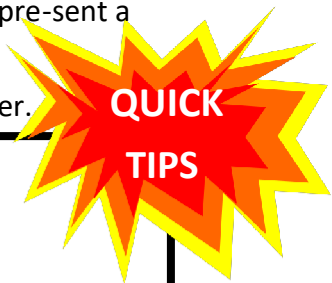


# BRINGING BABY HOME: Discharge Instructions For Your Newborn

One of the most cautious drives you'll ever take is the one bringing your baby home with you. Newborns look and feel fragile, and they represent a new world of uncertainty. Here's what you need to know to make your transition to parenthood easier.

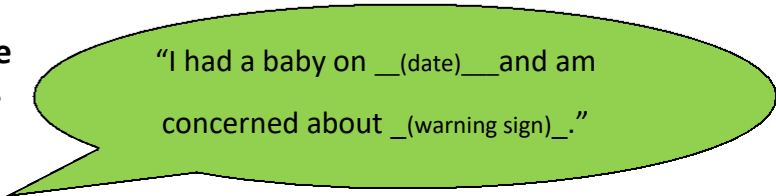


**Call your healthcare provider if:**

- Your newborn's breathing is faster or irregular
- You notice blueness or a darkness on the lips or face
- Your baby appears drowsy and/or is feeding poorly
- You see less than 6 wet diapers or 2 stools in a 24 hour period by end of the first week
- Your newborn's jaundice (yellowish tinge to the skin) is increasing
- Your newborn has a temperature less than 97.5°F or a temperature greater than 100.4°F
- Your baby's belly button or circumcision area has a yellow and/or green discharge or a bad smell
- Your baby's heel develops redness and/or drainage
- You think your baby is not looking or feeling well



**ALWAYS get medical care if you have questions or concerns. Tell your healthcare provider:**



## SPECIAL INSTRUCTIONS:

- Do not give Tylenol to your infant within the first 2 months, consult provider
- Read the car AND car seat manual and install the infant car seat in vehicle. An appointment with a car seat safety technician in the Birth Center can be scheduled

## FOLLOW-UP APPOINTMENTS:

Lactation: \_\_\_\_\_

Baby with provider: \_\_\_\_\_

Car seat: \_\_\_\_\_

