

**RAMC Sunshine Café Monthly Menu  
March 2021**

**Please note: Soup available every day  
Menu subject to change without notice**

<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
1 Chicken Parmesan Garlic Herb Tilapia Penne Brown/Wild Rice Green Beans/Mix Veg.	2 Swedish Meatballs Chicken Tenders Egg Noodles Potato Wedges Cauliflower or Peas	3 Pulled Pork Sandwich Tuna Noodle Casserole Sweet Potato Fries Onion Rings Mix Veggies/Broccoli	4 Roast Beef Chicken on Pretzel Roll with Red Pepper Jam Buttered Baby Reds Seasoned French Fries Spinach w/Mushrooms Carrots	5 Salmon Grilled Cheese Couscous Baked Potato Chateau Blend Brussel Sprouts
8 Tater Tot Casserole Gnocchi Pepperonata Cheesy Garlic Bread Baked Potato Chips Green Beans California Blend	9 Breaded Pork Chop Bacon/Mushroom Gravy Chicken Fajita Flatbread Baked Sweet Potato Poblano Corn Biscuit Corn/Broccoli	10 Lasagna Grilled Caprese Sandwich Egg Noodles Garlic Parmesan Tots Chateau Veg/Carrots	11 Stuffed Chicken Breast Tukey Fouseburger Mash Potatoes/Gravy Seasoned Fries Capri Veg or Peas	12 Shrimp Scampi Loaded Potato Casserole Ranch Wedges Rice Pilaf Moon Blend/Wax Blend
15 Fish Slider Beef Stew Biscuit Seasoned Fries Roasted Cauliflower Capri Blend	16 Pulled Chicken Sandwich Sliced Ham Corn Bread Baked Beans Broccoli or Beets	17 Salisbury Steak Potato-crustod Cod Mash Potatoes/Gravy Garlic Herb Pasta Carrots Garlic Mushrooms	18 Swiss Mushroom Chicken Italian Beef Brown Rice Oven Fried Chips Peas Cauliflower	19 Baked Cod Sloppy Joe Sandwich Baked Potato Tater Tots Corn or Asparagus
22 Roasted Turkey Breast Reuben Sandwich Oven Fried Pot. Chips Baked Sweet Potato Mix Veggie/Snap Peas	23 Baked Chicken Thigh Enchilada Casserole Mashed Potato/Gravy Spanish Rice Squash Corn	24 Pizza Cheeseburger Potato Wedges Battered Mushrooms Mix Veggie/Zucchini	25 Meatloaf Manicotti Bread Stick Mashed Potato/Gravy Broccoli Edamame w/Garlic	26 Stuffed Green Pepper Quiche Roasted Red Potatoes Spaetzle Mixed Veggies Carrots
29 Chicken Parmesan Garlic Herb Tilapia Penne Brown/Wild Rice Green Beans/Mix Veg.	30 Swedish Meatballs Chicken Tenders Egg Noodles Potato Wedges Cauliflower or Peas	31 Pulled Pork Sandwich Tuna Noodle Casserole Sweet Potato Fries Onion Rings Mix Veggies/Broccoli		