

What to Expect After your Sleep Study

If it is determined that you need CPAP therapy you will work with a homecare company to provide that service for you. The homecare company will contact you shortly after your sleep study to make an appointment to set up your CPAP equipment. They will teach you how to use your equipment and keep it clean.

Our clinic and the homecare company will also download your machine to make sure the CPAP is working the best it can for you.

If you are having problems with your mask or your CPAP your homecare company or our CPAP compliance clinic will help.

You will follow up with the sleep specialist between one to three months after your sleep study to evaluate how you are doing.

If you are not started on CPAP, an appointment can be made shortly after your sleep study to find out the results of your study.

If you have questions about your sleep study or how to proceed, please call our clinic at (608)768-6258.