

Spiritual Growth Exercise

November 2018

Take Time to be Thankful

The season is changing. The leaves are off the trees. The fields are being harvested. It is a time to be thankful for the abundance all around us. In the midst of societies push to have us run directly from Halloween to Christmas, let us not forget the season of thanksgiving.

During the month of November make a calendar and place it on the refrigerator, a mirror, or perhaps the front door and each day list one thing you are thankful for. Keep it in plain sight so you will be reminded of your blessings.



Thankful