

REEDSBURG AREA MEDICAL CENTER

# Walk *for your* Health

indoor walking program

## Daily Walking Times

**5:30 a.m. - 8:30 a.m.**

**3:30 p.m. - 8:30 p.m.**

**Stop at Registration for a walking map.**

Walkers are asked to use extreme caution when walking. Please be courteous to all staff, volunteers and visitors in the halls. Thank you!